



# ATHLETICS LIMERICK

**EVENT:** INDOOR CHAMPIONSHIPS  
**VENUE:** Nenagh Olympic Stadium, Nenagh

**Date:** 14<sup>TH</sup> JANUARY 2017  
**Time:** 10:30am

RELAYS		
Girls U09	4 x 100m	Boys U10
Girls U11	4 x 100m	Boys U12
Girls U13	4 x 100m	Boys U14
Girls U15	4 x 200m	Boys U16
Mixed Relay	4 x 200m	
<b>FINALS IF REQUIRED IN SAME ORDER</b>		

SPRINTS		
U10 Girls	60m	U9 Boys
U12 Girls	60m	U11 Boys
U14 Girls	60m	U13 Boys
U16 Girls	60m	U15 Boys
	60m	Junior Men
<b>FINALS IF REQUIRED IN SAME ORDER</b>		

MAIN TRACK – EVENTS			
U9 Girls	300m	U10 Boys	500m
	200m	Junior Men	200m
U11 Girls	600m	U12 Boys	600m
U13 Girls	600m	U14 Boys	800m
U15 Girls	800m	U16 Boys	800m
Junior Women	1500m	Junior Men	1500m

LONG JUMP	
Girls Under 9	Pit 2
Girls Under 10	Pit 1
Girls Under 12	Pit 2
Girls Under 14	Pit 1
Girls Under 16	Pit 2
Junior Women	Pit 2

SHOT PUTT	
Boys Under 11	2kg
Boys Under 13	2kg
Boys Under 15	3kg
Junior Men	6kg

RELAY QUALIFICATION	
2 Heats	First Two (2)
3 Heats	Winner plus Fastest Second Placed Team
4 Heats	Winner of each Heat

RELAYS		
Girls U10	4 x 100m	Boys U09
Girls U12	4 x 100m	Boys U11
Girls U14	4 x 100m	Boys U13
Girls U16	4 x 200m	Boys U15
Junior Women	4 x 200m	
<b>FINALS IF REQUIRED IN SAME ORDER</b>		

SPRINTS		
U9 Girls	60m	Boys U10
U11 Girls	60m	Boys U12
U13 Girls	60m	Boys U14
U15 Girls	60m	Boys U16
Junior Women	60m	
<b>FINALS IF REQUIRED IN SAME ORDER</b>		

MAIN TRACK – EVENTS			
U10 Girls	500m	U9 Boys	300m
Junior Women	200m		200m
U12 Girls	600m	U11 Boys	600m
U14 Girls	600m	U13 Boys	800m
U16 Girls	800m	U15 Boys	800m
Junior Women	800m	Junior Men	800m

LONG JUMP	
Boys Under 9	Pit 2
Boys Under 10	Pit 1
Boys Under 12	Pit 2
Boys Under 14	Pit 1
Boys Under 16	Pit 2
Junior Women	Pit 2

SHOT PUTT	
Girls Under 11	2kg
Girls Under 13	2kg
Girls Under 15	3kg
Junior Women	4kg

SPRINT QUALIFICATION	
2 Heats	First Four (4)
3 Heats	First Three (3)
4 Heats	First Two (2)

**THE AAI 2017 AGES APPLY TO THESE CHAMPIONSHIPS**